

CODE 164622

LTG

DIRECTIONS: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving		% Daily Value
Vitamin C (as Ascorbic Acid)	50 mg	56%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Calcium	90 mg	7%
Iron (as Ferrous Fumarate)	30 mg	167%
Copper (as Copper Gluconate)	2 mg	222%

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Methacrylic Acid Copolymer, Stearic Acid Vegetable Source, Croscarmellose Sodium, Talc, Magnesium Stearate Vegetable Source, Propylene Glycol, Ethylcellulose, Calcium Caseinate, Potassium Gluconate, Triethylcitrate, Triacetin, Carnauba Wax, Diacetylated Monoglycerides, Oleic Acid, Polyethylene Glycol.

CONTAINS: Milk.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.