No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

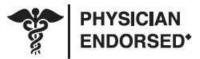
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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548



SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222



• This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

'In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-docopherol, selenium, lutein and lycopene), Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

GRC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC

MEGA MEN^{*} Energy & Metabolism

More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

Men's Health Contains a clinically studied men's multivitamin formula shown to work better than a basic multivitamin. Helps support colon and prostate health.*

Energy Shown to improve levels of key B vitamins essential for energy production.**

Calorie Burning Contains a combination of thermogenic ingredients that may support calorie burning and mental sharpness.*

Antioxidants Packed with antioxidants to help fight free radicals that can be produced during intense exercise.*

GNC



MEGA MEN[®] Energy & Metabolism

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Energy
- Calorie Burning
- Antioxidants

Timed-Release 90 CAPLETS



CODE 201712 A

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate) 5000 IU 100%

% Daily Value

Serving Size Two Caplets Servings Per Container 45 Amount Per Serving

Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3).		
Vitamin E (as Natural d-alpha Tocopheryl Acetate)		
Vitamin K (as Phytonadione)		
Thiamin (Vitamin B-1)(as Thiamin Mononitrate),	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	200 mg	20%
lodine (as Potassium lodide)		
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)		
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Sulfate)		
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Energy & Metabolism Blend	150 mg	
Caffeine Anhydrous, Green Tea Extract (Camellia sinensis)(S Heuthero Root Powder (Eleutherococcus senticosus), Capsi Black Pepper Fruit Extract (Piper nigrum)(Standardized to P Super Antioxidant Blend	Standardized to Polyph imax® Capsicum Seed	neno(s),
alpha-Lipoic Acid	25 ma	
Lutemax® 2020 Lutein.	2 mg	
Lycopene		
Turmeric Root Extract (CurcuWIN**)		
(Curcuma longal(Standardized to Curcuminoids)	ersonen Eff	
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	······
Astaxanthin (from Haematococcus pluvialis)	50 mcg	
beta-Cryptoxanthin	10 mcg	·
Choline (as Choline Bitartrate)	10 mg	*

Other Ingredients: Ce Jujose, Stearic Acid Veoetable Source. Magnesium Stearate Vegetable Source. Natural Vanilla Mint Flavor, Talc, Caramel Color, Stevia Leaf Extract.

CONTAINS: Fish and Sovbeans.

" Daily Value not established.

Boron (as Sodium Borate)

Vanadium (as Sodium Metavanadate) .___

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Contains 100 mg of caffeine.

^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.