

## Get fired up to reach your weight loss goals.

You're eating healthier and exercising, but need an extra push toward your weight loss goals. Burn 60™ provides clinically studied results you can count on:

- Increases calorie burning by up to 60%<sup>^\*</sup>
- Boosts energy & metabolism\*
- Enhances mental focus\*

Put the power of Burn 60™ to work for you!

INCREASES  
CALORIE BURNING  
BY UP TO

60%<sup>^\*</sup>



Calories Burned  
Post Workout

BURN 60™

Calories Burned  
Post Workout

For best results, combine with a diet and exercise plan, like the one at [www.totallean.com](http://www.totallean.com).

<sup>^\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on the go snacks

For your customized Total Lean® experience, visit [www.totallean.com](http://www.totallean.com).

<sup>\*</sup> Clinically proven to increase post-workout calorie burning by up to 60% for up to one hour after a workout. This double-blind, placebo-controlled, crossover study consisted of 22 healthy men and women. Participants exercised on a treadmill on two occasions. On one occasion, they took Burn 60™ before exercise and on the second, they took a placebo. The amount of calories burned during the first hour post-exercise was measured, and participants burned up to 60% more calories while on Burn 60™ compared to when they took the placebo.



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KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More information:  
1-888-462-2548

GNC.com  
Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

ACTUAL SIZE

### OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

GNC  
TOTAL LEAN®

BURN 60™  
DIETARY SUPPLEMENT



Clinically proven thermogenic<sup>^\*</sup>

Increases calorie burning by up to 60%<sup>^\*</sup>

Boosts energy & metabolism\*

60 TABLETS  
30-DAY SUPPLY

CODE 965522

FTG

**DIRECTIONS:** As a dietary supplement, take two tablets 30-60 minutes before starting exercise; on non-workout days take two tablets with water before breakfast.

**Do not take near bedtime.**

## Supplement Facts

Serving Size Two Tablets  
Servings Per Container 30

### Amount Per Serving

Guarana Seed Extract ( <i>Paullinia cupana</i> ) (36% Caffeine = 180 mg)	495 mg	*
Black Tea Leaves Extract ( <i>Camellia sinensis</i> )	272 mg	*
MegaNatural® Grape Skin & Seed Extract ( <i>Vitis vinifera</i> )	210 mg	*
Ginger Root Extract ( <i>Zingiber officinale</i> )	200 mg	*
MegaNatural® Gold Grape Seed Extract ( <i>Vitis vinifera</i> )	125 mg	*
Dill Weed Extract ( <i>Anethum graveolens</i> )	5 mg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Dextrose, Microcrystalline Cellulose, Croscopovidone, Maltodextrin, Calcium Silicate, Magnesium Stearate Vegetable Source, Natural Cinnamon Extract, Polydaltitol, Natural Vanilla Mint Flavor, Sucralose, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Polyethylene Glycol.

**WARNING:** Consult your physician before using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

**NOTICE:** Use in conjunction with the Total Lean® Meal and Exercise Plan found on [www.totallean.com](http://www.totallean.com).

No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Soy, No Dairy.

This product contains 180 mg of caffeine.