

CODE 148512  
DIRECTIONS: As a dietary supplement, take one caplet twice daily.

DWG

| Supplement Facts                                            |         |
|-------------------------------------------------------------|---------|
| Serving Size One Caplet                                     |         |
| Amount Per Serving                                          |         |
| Fenugreek ( <i>Trigonella foenum-graecum</i> ) Seed Extract | 300 mg* |
| L-Theanine                                                  | 100 mg* |
| Soy Isoflavone Concentrate (40% Isoflavones = 20 mg)        | 50 mg*  |
| * Daily Value not established.                              |         |

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Ethylcellulose, Silicon Dioxide, Triacetin, Carnauba Wax, Oleic Acid, Polyethylene Glycol.

**CONTAINS: Soybeans.**

**Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA**

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks before surgery.

No Artificial Colors, No Artificial Flavors, Gluten Free.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.