

CODE 214312

BXG

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value†	
Vitamin A (as beta-Carotene)	1350 mcg	104%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D (as Cholecalciferol D-3)	10 mcg (400 IU)	67%
Vitamin E (as d-alpha Tocopheryl Succinate)	24.79 mg	130%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	1.4 mg	100%
Riboflavin (Vitamin B-2)	1.6 mg	100%
Niacin (as Niacinamide)	18 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folate	1667 mcg DFE (1000 mcg Folic Acid)	278%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	286%
Biotin	35 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	7 mg	100%
Choline (as Choline Bitartrate)	0.55 mg	0%
Calcium (as Calcium Carbonate)	600 mg	46%
Iron (as Ferrous Fumarate)	18 mg	67%
Iodine (as Potassium Iodide)	290 mcg	100%
Magnesium (as Magnesium Oxide)	200 mg	50%
Zinc (as Zinc Oxide)	15 mg	115%
Selenium (as Selenium Yeast)	70 mcg	100%
Copper (as Copper Gluconate)	1.3 mg	100%
Manganese (as Manganese Sulfate)	2.6 mg	100%
Molybdenum (as Sodium Molybdate)	50 mcg	100%
Boron (as Boron Citrate)	150 mcg	*

† Daily Value for pregnant or lactating women.

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Hydroxypropylcellulose, Stearic Acid, Corn Starch, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Magnesium Stearate Vegetable Source, Calcium Silicate, Silicon Dioxide, Talc.

CONTAINS: Wheat and Soybeans.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotin content before any lab test.