

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548  
GNC.com  
Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



**GNC**

# Magnesium

Essential for strong bones & teeth\*

Necessary for muscle & nerve function\*

**120 CAPSULES**  
**120-DAY SUPPLY**



DIETARY SUPPLEMENT

CODE 136813

HUG

**DIRECTIONS:** As a dietary supplement, take one capsule daily.

## Supplement Facts

Serving Size One Capsule

Amount Per Serving		%Daily Value
Magnesium (as Magnesium Oxide)	500 mg	119%

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Gelatin, Stearic Acid, Magnesium Stearate Vegetable Source.

Potency verified by GNC procedure #4000.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: