

Suggested Use: Adults take 4 capsules daily, or as recommended by your healthcare practitioner, with 8 ounces of water or your favorite beverage. May be taken with or without food.

Supplement Facts		
Serving Size 4 Capsules Servings Per Container 30		
	Amount Per Serving	% DV
Magnesium (as Magnesium Bisglycinate Chelate and Magnesium Oxide)	350 mg	83%
BioPerine® Black Pepper Extract (Fruit; Piper nigrum)	5 mg	**
**Daily Value (DV) not established.		

Other Ingredients: Methylcellulose Capsule, Microcrystalline Cellulose, Codeage Helix Liposomal Delivery (providing phospholipids from non-GMO sunflower lecithin, including phosphatidylcholine).

Distributed By: Codeage LLC | Boca Raton, FL 33431, USA | 1-856-CODEAGE
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CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Please use caution if you have any allergies or sensitivities to any of the listed ingredients. Discontinue use two weeks prior to surgery. Not intended for those under the age of 18.

By purchasing or using this product, you agree to the Terms & Conditions found at codeage.com/terms.



QUESTIONS? CODEAGE.COM

SCAN FOR INFO



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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