

Supplement Facts

Serving Size Two Caplets/Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate) ...	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate).....	300 mg 333%
Vitamin D (as Cholecalciferol).....	50 mcg 250%
Vitamin E (as d-alpha Tocopheryl Acetate).....	20.1 mg 134%
Vitamin K (as Phytonadione).....	80 mcg 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate).....	50 mg 4167%
Riboflavin (Vitamin B-2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	50 mg 2941%
Folate	680 mcg DFE 170%
(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin.....	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate).....	10 mg 2%
Calcium (as Calcium Carbonate,	210 mg 16%
Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	
Iodine (as Potassium Iodide).....	150 mcg 100%
Magnesium (as Magnesium Oxide)	120 mg 29%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine).....	200 mcg 364%
Copper (as Cupric Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate).....	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
L-Leucine	50 mg *
L-Isoleucine.....	50 mg *
L-Valine	50 mg *
alpha-Lipoic Acid	25 mg *
Turmeric	26.3 mg *
(Curcuma longa) Root Extract (Standardized to 95% Curcuminoids = 25 mg)	
Silica (as Silicon Dioxide)	12 mg *
Inositol.....	10 mg *
Beta-Alanine.....	10 mg *
Hyaluronic Acid (as Sodium Hyaluronate)	5 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (from Marigold [Tagetes erecta] Flower Extract).....	2 mg *
Lycopene	2 mg *
Zeaxanthin.....	400 mcg *
(as Zeaxanthin Isomers from Marigold [Tagetes erecta] Flower Extract)	
Astaxanthin (from Haematococcus pluvialis)	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.



- HIGH POTENCY
- TIMED RELEASE
- GLUTEN FREE
- 18 VITAMINS & MINERALS AT 100% DAILY VALUE